

Skate Canada Response: COVID-19



Dear members and registrants,

Skate Canada has been closely monitoring the COVID-19 (Coronavirus) situation, and we would like to reaffirm the health and safety of all our members and registrants is of paramount importance. As a national sport organization, we remain committed to ensuring a safe environment for all participants.

As the global situation surrounding COVID-19 changes daily, our skating community is reaching out with questions and concerns. Skate Canada looks to the Public Health Agency of Canada, along with other public health agencies, for guidance as we look to maintain the health and safety of our skaters, coaches, volunteers, support staff and officials.

Domestic activities and events at Skate Canada clubs and skating schools continue to run as normal.

However, we urge our skating community to follow the precautions outlined by the Public Health Agency of Canada and their local venue operators, as well as provincial and municipal governments.

Recommendations for all Skate Canada participants:

If you are sick or have any symptoms of respiratory illness such as fever, cough or difficulty breathing, please stay at home and do not attend any Skate Canada activities, consult with your physician or public health authorities and follow their instructions. Limit contact with others and avoid interaction with individuals who are ill.

Proper hygiene can help reduce the risk of infection or spreading infection to others. Please use the following precautions:

- Wash your hands often with soap and water for at least 20 seconds, especially after using the washroom and when preparing food. Use alcohol-based hand sanitizer if soap and water are not available.
- Cough or sneeze into a tissue or the bend of your arm, not your hand. Dispose of any tissues you have used as soon as possible in a lined waste basket and wash your hands afterwards.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Clean high-touch surfaces frequently with regular household cleaners or diluted bleach (a 9/1 water-to-bleach ratio is recommended)
- Avoid physical contact and getting too close to others, including shaking hands and hugging.
- If you are a healthy individual, the use of a mask is not recommended for preventing the spread of COVID-19.

As the situation is changing day by day, we continue to closely monitor new developments of COVID-19, in cooperation with the appropriate health authorities. If you have questions, please do not hesitate to reach out to us at safesport@skatecanada.ca or 1-888-747-2372 ext: 703.

For more information please visit the following Government of Canada resources:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/canadas-reponse.html>

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html>