

**SMFSC STARSkate 2025-2026 Off-Ice Schedule**

Revised:

22-Aug-25

Season Start Date:

Monday, Sep 8, 2025

Season End Date:

Friday, May 29, 2026

Fitness**Instructor: Rachel**

Mondays	First Day: 15-Sep		Last Day: 25-May		# of sessions: 31
Start Time	End Time	Session	Price	No Classes:	
4:30 PM	5:05 PM	STAR 1 - 2	\$284	13-Oct Thanksgiving	
5:15 PM	6:00 PM	STAR 5 - Gold	\$364	22-Dec Winter Break	
6:20 PM	6:45 PM	STAR 1 - 2	\$203	29-Dec Winter Break	
6:45 PM	7:10 PM	STAR 3 - 5	\$203	16-Feb Family Day	
7:25 PM	8:10 PM	STAR 5 - Gold	\$364	16-Mar March Break	
				18-May Victoria Day	

Dance**Instructor: Katie**

Tuesdays	First Day: 16-Sep		Last Day: 26-May		# of sessions: 33
Start Time	End Time	Session	Price	No Classes:	
5:05 PM	5:35 PM	STAR 4 - 6	\$165	30-Sep Day for Truth and Reconciliation	
5:35 PM	6:00 PM	STAR 1 - 2	\$138	23-Dec Winter Break	
6:20 PM	7:00 PM	STAR 3 - Gold	\$220	30-Dec Winter Break	
7:15 PM	7:40 PM	STAR 1 - 2	\$138	17-Mar March Break	
7:45 PM	8:10 PM	STAR 5 - Gold	\$138		

Jump**Instructor: Bennet**

Wednesdays	First Day 17-Sep		Last Day 27-May		# of sessions: 32
Start Time	End Time	Session	Price	No Classes:	
4:30 PM	5:05 PM	STAR 3 - 5	\$258	12-Nov Assessment Day	
5:20 PM	6:05 PM	STAR 5 - Gold	\$332	24-Dec Winter Break	
6:20 PM	6:45 PM	STAR 3 - 4	\$185	31-Dec Winter Break	
6:45 PM	7:10 PM	STAR 1 - 2	\$185	11-Mar Assessment Day	
7:20 PM	8:05 PM	STAR 5 - Gold	\$332	18-Mar March Break	

Cardio/Stretch/Flexibility**Instructor: Stephanie**

Thursdays	First Day 18-Sep		Last Day 28-May		# of sessions: 33
Start Time	End Time	Session	Price	No Classes:	
4:30 PM	5:10 PM	STAR 3 - 5	\$301	18-Dec Family Fun Skate	
5:20 PM	6:05 PM	STAR 6 - Gold	\$338	25-Dec Winter Break	
6:20 PM	6:55 PM	STAR 1 - 2	\$263	01-Jan Winter Break	
7:15 PM	8:00 PM	STAR 4 - Gold	\$338	19-Mar March Break	
				04-Jun Assessment Day	

Dance**Instructor: Effie**

Fridays	First Day 19-Sep		Last Day 05-Jun		# of sessions: 31
Start Time	End Time	Session	Price	No Classes:	
3:50 PM	4:20 PM	STAR 5 - 6	\$188	31-Oct Halloween	
4:40 PM	5:10 PM	STAR 3 - 4	\$188	19-Dec Winter Break	
5:35 PM	6:05 PM	STAR 7 - G	\$188	26-Dec Winter Break	
6:05 PM	6:30 PM	STAR 1 - 2	\$157	02-Jan Winter Break	
6:45 PM	7:15 PM	STAR 3 - 4	\$188	20-Mar March Break	
				03-Apr Good Friday	

* Schedule is tentative and subject to change due to updates, errors & omissions